



## PEPPERONI PIZZA PASTA BOWL

<b>Recipe Project Name/Written By:</b>	American Dairy Association Mideast
<b>Recipe Category:</b>	Lunch, Grab & Go, Speed Scratch
<b>Cooking Process:</b>	#1 No Cook, #2 Same Day Service, #3 Complex Food Preparation
<b>Prep Time:</b>	45 minutes
<b>Cook Time:</b>	0 minutes
<b>Total Time:</b>	45 minutes
<b>K-12 Portion Size:</b>	1 bowl
<b>Meal Pattern Contribution:</b>	2 oz eq WGR grain, 2 oz eq m/ma, 3/8 cup red/orange vegetable, 1/8 cup other vegetable

INGREDIENTS	50 Servings		100 Servings	
	Weight	Measure	Weight	Measure
Pasta, whole grain, rotini	6 lb 4 oz		12 lb 8 oz	
Italian seasoning, dried		3 Tbsp + 1 tsp		1/4 c + 2 Tbsp + 2 tsp
Dressing, Italian, low-sodium		1 qt + 2 1/4 c		3 qt + 1/2 c
Sauce, marinara, low-sodium		1 qt + 2 1/4 c		3 qt + 1/2 c
Grape tomatoes, halved	5 lb 9 oz	3 qt + 1/2 c	11 lb 2 oz	6 qt + 1 c
Bell pepper, red, diced 1/2"	2 lb 1 oz	1 qt + 2 1/4 c	4 lb 2 oz	3 qt + 1/2 c
Bell pepper, green, diced 1/2"	2 lb 1 oz	1 qt + 2 1/4 c	4 lb 2 oz	3 qt + 1/2 c
Pepperoni, turkey, low-sodium		1 lb 15 oz		3 lb 14 oz
Cheese, mozzarella, part-skim, shredded, USDA Foods		4 lb 11 oz		9 lb 6 oz

DIRECTIONS
<b>CCP: No bare hand contact with ready to eat food.</b>
1. Prepare pasta al dente. Do not overcook! Drain in a colander and cool briefly with running water. Once well drained, transfer to a bowl or pan and toss with Italian seasoning.
<b>CCP: Hold at 41° F or below.</b>
<b>CCP: No bare hand contact with ready to eat food.</b>
2. Portion Italian dressing into 1 oz cups with lids.
3. In a 16-oz clear shaker salad bowl, layer: -#30 disher marinara sauce -#4 disher (1 cup) pasta -#16 disher grape tomatoes -#30 disher red bell peppers -#30 disher green bell peppers -8 turkey pepperoni slices -1 1/2 oz mozzarella
4. Place dressing cup upside down inside domed lid or serve separately. Cover and refrigerate until service.
<b>CCP: Hold and serve at 41° F or below.</b>

**PEPPERONI PIZZA PASTA BOWL**

**NUTRITION INFORMATION**

**Serving Size** 1 bowl

**NUTRIENTS AMOUNT**

**Calories** 398

**Total Fat** 13 g

Saturated Fat 6 g

**Cholesterol** 34 mg

**Sodium** 693 mg

**Total Carbohydrate** 52 g

Dietary Fiber 9 g

Total Sugars 10 g

Added Sugars 0 g

**Protein** 22 g

Vitamin D 0 mcg

Calcium 345 mg

Iron 3 mg

Potassium 740 mg

**N/A=**data not available.

**ALLERGENS: Milk, Wheat**

*Allergen and nutrient information may vary based on the specific products and ingredients used on site.*

**\*MARKETING GUIDE**

Food as Purchased for	50 Servings	100 Servings
Peppers, bell, fresh, green	2 lb 10 oz	5 lb 3 oz
Peppers, bell, fresh, red	2 lb 10 oz	5 lb 3 oz

**NOTES**

\*See Marketing Guide for AP (As Purchased) weights when EP (Edible Portion) weights are provided in the recipe.

**YIELD/VOLUME**

50 Servings	100 Servings
N/A	N/A

