



**MANGO CHILI SMOOTHIE**

**NUTRITION INFORMATION**

**Serving Size** 14 fl oz

**NUTRIENTS AMOUNT**

**Calories** 255

**Total Fat** 2 g

Saturated Fat 0.1 g

**Cholesterol** 8 mg

**Sodium** 160 mg

**Total Carbohydrate** 50 g

Dietary Fiber 1 g

Total Sugars 37 g

Added Sugars 10 g

**Protein** 10 g

Vitamin D 4 mcg

Calcium 315 mg

Iron 0.5 mg

Potassium 658 mg

**N/A=**data not available.

**ALLERGENS: Milk**

*Allergen and nutrient information may vary based on the specific products and ingredients used on site.*

**\*MARKETING GUIDE**

Food as Purchased for	16 Servings	64 Servings

**NOTES**

\*See Marketing Guide for AP (As Purchased) weights when EP (Edible Portion) weights are provided in the recipe.

Serve with 1 oz eq WGR grain for a Grab & Go K-5 meal.

**YIELD/VOLUME**

16 Servings	64 Servings
1.75 gal	7 gal

